

## FOR IMMEDIATE RELEASE

## Ellie Mental Health Opens New Stoneridge Clinic in Waukesha to Meet Growing Needs in Southeastern Wisconsin

**Waukesha, WI - October 7, 2024 -** Committed to expanding access to mental health services nationwide, <u>Ellie Mental Health</u> has opened its second location in southeastern Wisconsin and its first in Waukesha County.

The new Stoneridge Clinic spans over 4,600 square feet and is conveniently located just off Interstate 94 at N14W23777 Stone Ridge Drive, Suite 290. It is staffed by seven experienced therapists dedicated to serving the mental health needs of the community.

The facility features 11 therapy rooms designed for patient counseling sessions and is led by Kelly Kuehl, LCSW, Clinic Director. The clinic will operate Monday through Friday from 8 AM to 5:30 PM, with additional weekend appointments available as needed.

Ellie Mental Health, originally founded in St. Paul, Minnesota, has rapidly expanded to over 200 clinics across the U.S. In Wisconsin, additional locations are available in Hales Corner and the Madison area.

"Mental health struggles are widespread, no matter how big or small. These challenges can be debilitating for individuals, families, and communities, especially when support at the appropriate care level is not available" said Kuehl, a UW-Milwaukee graduate with over 15 years of experience in the field. "With our new clinic, we aim to provide an inclusive, safe, and supportive environment with a unique ability to provide immediate access to outpatient care."

The team of seven trained therapists is equipped to treat both adult and adolescent patients facing a range of mental health issues, including anxiety, depression, ADHD, eating disorders, and more. Treatment options include individual, couples, adolescent, and family therapy, as well as online therapy and trauma-support services. The Stoneridge Clinic accepts both insured and cash-paying customers and offers financial aid for those who qualify.

According to the National Alliance on Mental Illness (NAMI), one in five adults in the U.S. experienced mental health issues in 2021, affecting more than 58 million Americans. The demand for accessible support has never been greater.

"No matter a person's level of mental health needs, they deserve to have easy access to affordable and exceptional care with a clinician they are comfortable with. We are here to offer just that . We are thrilled to become a community partner to help fill the gap of mental health needs in our community." Kuehl added.

The Stoneridge Clinic team will host a community open house and official grand opening on Saturday, October 26, from 11 AM to 2 PM. Attendees can tour the facility, meet clinic staff, enjoy food and drinks, and participate in activities for kids.

To learn more about the clinic, <u>visit their website</u> or call 414-667-5809. You can get the latest on the clinic and meet the staff on their Facebook page.

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## **About Ellie Mental Health**

Ellie Mental Health is a millennial-made and clinician owned mental health care company that is rapidly expanding across the nation through franchising. The brand is transforming the culture of mental healthcare by providing creative solutions and innovative thinking to reduce barriers in accessing mental health services. For more information about Ellie Mental Health, visit <a href="https://www.elliementalhealth.com/">https://www.elliementalhealth.com/</a>.

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